

# “Join Us for Breakfast”

The Windsor Hunger Action Team invites you to a

## Senior Listening Session

Discussion Topic: Senior Hunger



**More than 5 million senior citizens age 60 and older struggle with hunger.**

Seniors face a number of unique medical and mobility challenges that put them at great risk of hunger. Many are forced to make the tough choice between buying food and medicine, while others struggle to access food without reliable transportation.

Do you have concerns about hunger?

How does hunger affect you, your family, and your neighbors?

Please tell us your suggestions, ideas & concerns.

**DATE:** Tuesday, March 6<sup>th</sup>

**PLACE:** Windsor Senior Center  
599 Matianuck Avenue

**TIME:** 9:30am – 11am

**➔ RSVP:** 860 -285-1839 ext. 0 by March 1<sup>st</sup>

**WE WANT TO HEAR  
FROM YOU! YOUR  
OPINION MATTERS.**

**FREE breakfast will be served at 9:30am.  
Catering by Dom's Broad Street Eatery.**