

Route to Rise Yoga

Friday Nights • 6-7pm

June 14 • July 12, 26 • Aug 9, 23 • Sept 6



Take a class with Liz from Route to Rise Yoga. This class runs every other Friday evening at WAC! Experience an evening of yoga within this wonderful gallery space. This feel good yoga flow is accessible to most levels of yoga practitioners. Please Bring your own yoga mat. **Beginners welcome!**

\$15 Cash or Check only.



**WINDSOR
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CENTER**

Across the street from
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