

DIABETIC SUPPORT GROUP

JUNE TOPIC: FOCUS ON FIBER

Join us for a discussion on the importance of dietary fiber in the diabetic diet.

Our guest presenter will be Aimee Merkle-Scotland. Aimee is a nutrition student at the University of Connecticut who is studying to be Registered Dietitian. She is interested in disease management and metabolism and enjoys working in communities delivering nutrition education and support. Also joining our conversation will be Heidi E. Karner, RDN, Windsor Public Schools Nutrition Liaison, UConn Graduate Research Assistant, Dept. Allied Health Sciences

WHEN: Tuesday, June 19th @11:00 AM

WHERE: LP Wilson Community Center
AP 1 Room, 599 Matianuck Avenue, Windsor

Please call Susan Nunes at 860-285-1839
to RSVP or email Susan at nunes@townofwindsorct.com



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